

BEING RIGHT HERE DOING RIGHT NOW *building mental and academic resilience*

Evaluation Form

In order to ensure that I improve my delivery, your feedback would be very much appreciated. Please take a few moments to fill out this evaluation form.

In general rate and comment below on the following:

	Excellent			Poor	
The environment created.	5	4	3	2	1
The suitability of the session.	5	4	3	2	1
The knowledge of the facilitator.	5	4	3	2	1
The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

him using his own experiences for examples

What did you find least useful?

nothing
all good

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

as you fall down, you get back up.

What did you find least useful?

Thanks for your participation...



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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Helping me focus what I need to change

What did you find least useful?

was nothing

Thanks for your participation...

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The knowledge of the facilitator.	(5)	4	3	2	1
The organisation and presentation of session	(5)	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	(5)	4	3	2	1
The relevance of the workshops to you.	5	(4)	3	2	1

What did you find the most useful?

Don't give up ~~on~~ on what you want

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

What did you find least useful?

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

The staircases

What did you find least useful?

Thanks for your participation...



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The knowledge of the facilitator.	(5)	4	3	2	1
The organisation and presentation of session	(5)	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	(5)	4	3	2	1
The relevance of the workshops to you.	5	(4)	3	2	1

What did you find the most useful?

Me Right Now

What did you find least useful?

None of it.

Thanks for your participation...

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The suitability of the session.	⑤	4	3	2	1
The knowledge of the facilitator.	⑤	4	3	2	1
The organisation and presentation of session	⑤	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	④	3	2	1
The relevance of the workshops to you.	⑤	4	3	2	1

What did you find the most useful?

me right now

What did you find least useful?

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

me right now

What did you find least useful?

Thanks for your participation...

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The knowledge of the facilitator.	5	④	3	2	1	
The organisation and presentation of session	⑤	4	3	2	1	
The way in which the facilitator held your interest and supported your learning.	⑤	4	3	2	1	
The relevance of the workshops to you.	⑤	4	3	2	1	

What did you find the most useful?

5 things that define who I am.

What did you find least useful?

Thanks for your participation... ☺

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful? - me Right here

What did you find least useful? - ??

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

~~What did you find the most useful?~~ ~~What did you find least useful?~~

What did you find the most useful?

figuring who i am right now

What did you find least useful?

cause i havent thought about it.

?

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Audience Engagement

What did you find least useful?

Unrelated topics (but not that much)

Thanks for your participation...

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The suitability of the session.	5	④	3	2	1
The knowledge of the facilitator.	5	④	3	2	1
The organisation and presentation of session	5	4	③	2	1
The way in which the facilitator held your interest and supported your learning.	⑤	4	3	2	1
The relevance of the workshops to you.	5	4	③	2	1

What did you find the most useful?

un sure

What did you find least useful?

nothing

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Blood, sweat & tears

What did you find least useful?

nothing

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Getting us to think more of our lives and what we'll do

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

honesty

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

all

What did you find least useful?

none

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Going over what ~~was~~ I want, need I have

What did you find least useful?

Thanks for your participation...

You're welcome

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

That success from failure is so important, sacrifice is necessary

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

everything

What did you find the most useful?

Realising the me now

What did you find least useful?

nothing

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful? *Helping me understand my opportunities*

What did you find least useful?
NA

Thanks for your participation...
Kaire webome

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

he gave me more motivation to go out and do what I want to do

What did you find least useful?

Thanks for your participation...

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Tom H

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Findings out who I am

What did you find least useful?

~~nothing~~ nothing

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Me right now

What did you find least useful?

N/A

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

figuring out my life right now

What did you find least useful?

the basketball references

Thanks for your participation...

Thankyou

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

self evaluation

What did you find least useful?

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

I found useful the part of the Noise and how internal noise within your self is the worst however it can be the best

What did you find least useful?

It was all good I didn't find anything least useful.

Thanks for your participation...

Thankyou

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

The Me Right Now workshop

What did you find least useful?

If it was supposed to make me feel motivated you're wasting yours and my time

Thanks for your participation...

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The knowledge of the facilitator.	5	(4)	3	2	1
The organisation and presentation of session	(5)	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	(5)	4	3	2	1
The relevance of the workshops to you.	5	(4)	3	2	1

What did you find the most useful?

The encouragement

What did you find least useful?

took a bit/while to get through ~~program~~ program

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

The blood, sweat and tears part. + me right now

What did you find least useful?

Wasnt as school related, more life related.
Which has positives + negatives.

Thanks for your participation...

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The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1	
The relevance of the workshops to you.	5	4	3	2	1	

What did you find the most useful? *Blood, sweat and tears.*

What did you find least useful? *none.*

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

*me right now
 faith... dicipline ect.*

What did you find least useful?

sacrifice

Thanks for your participation...

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The knowledge of the facilitator.	5	4	3	2	1
The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

motivational and engaging

What did you find least useful?

It was all good

Thanks for your participation...

BEING RIGHT HERE DOING RIGHT NOW

building mental and academic resilience

Evaluation Form

In order to ensure that I improve my delivery, your feedback would be very much appreciated. Please take a few moments to fill out this evaluation form.

In general rate and comment below on the following:

	Excellent			Poor	
The environment created.	5	4	3	2	1
The suitability of the session.	5	4	3	2	1
The knowledge of the facilitator.	5	4	3	2	1
The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

'Blood, Sweat & Tears'

What did you find least useful?

'Me Right Now'

Thanks for your participation...

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

This section → *"Don't play the blame game"*

What did you find least useful?

none

Thanks for your participation...

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	Excellent			Poor	
The environment created.	(5)	4	3	2	1
The suitability of the session.	(5)	4	3	2	1
The knowledge of the facilitator.	(5)	4	3	2	1
The organisation and presentation of session	(5)	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	(4)	3	2	1
The relevance of the workshops to you.	(5)	4	3	2	1

What did you find the most useful?

I liked the 'Me Right Now'

What did you find least useful?

N/A I liked everything.

Thanks for your participation...



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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

What did you find least useful?

Thanks for your participation...

BEING RIGHT HERE DOING RIGHT NOW *building mental and academic resilience*

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The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

The life stories

What did you find least useful?

Nothing

Thanks for your participation...

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building mental and academic resilience

Evaluation Form

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In general rate and comment below on the following:

	Excellent		Poor		
The environment created.	5 ✓	4	3	2	1
The suitability of the session.	5 ✓	4	3	2	1
The knowledge of the facilitator.	5 ✓	4	3	2	1
The organisation and presentation of session	5 ✓	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5 ✓	4	3	2	1
The relevance of the workshops to you.	5 ✓	4	3	2	1

What did you find the most useful?

Learning and discovering the position of life in in

What did you find least useful?

Thanks for your participation...



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building mental and academic resilience

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The knowledge of the facilitator.	5	4	3	2	1
The organisation and presentation of session	5	4	3	2	1
The way in which the facilitator held your interest and supported your learning.	5	4	3	2	1
The relevance of the workshops to you.	5	4	3	2	1

What did you find the most useful?

Learning about me

What did you find least useful?

nothing

Thanks for your participation...